

Federação de Ginástica de Portugal

Instituição de Utilidade Pública e Utilidade Pública Desportiva

Fundada em: 1950



Filiada na:

Federação Internacional de Ginástica (FIG), European Gymnastics, União Ibero-Americana de Ginástica (UIAG), na Federação Internacional de Desporto para Todos (FISpT) e na Confederação Mediterrânea de Ginástica - COMEGYM

Membro do:

Comité Olímpico de Portugal (COP) e Comité Paralímpico de Portugal (CPP)

9th National Gymnastics Congress | 7th International - FGP | ENGym

Gymnastics in global society | *Gymnastics in the global society*

Vila Real | UTAD, 11th to 13th October 2024

INSTRUCTIONS FOR SUBMISSION OF WORKS

Formatting must follow the rules presented below.

The writing of the various elements that make up the summary must respect the model provided for this purpose, particularly in terms of font types and sizes (fonts), spacing between lines and between paragraphs. Failure to comply with these standards will result in non-acceptance of the work.

1. All text (authors and institutions and summary) must be written in Arial font, size 11, with line spacing of 1.5, justified and without additional spacing before or after the paragraphs.
2. The title must be written in Arial, size 12, in bold and centered. It must not exceed 200 characters (including spaces). It should be concise and not contain any abbreviations. It must be written in capital letters and followed by a line spacing.
3. Authors must be identified using the author's first name followed by their surname.
 - 3.1. If the article has more than one author, they must be separated by commas.
 - 3.2. The name of the author presenting the work must be underlined.
 - 3.3. The institutions where the authors carry out their activity must be numbered "up script"; If you wish to indicate more than one institution for the same author, the respective numbers must be separated by commas, without spacing.
 - 3.4. The identification of institutions must be separated from the name of the author(s) by a space line, and each institution must begin in a new paragraph. A spacing line must follow the last institution.
4. The summary can be written in Portuguese or English. If the work is accepted, it must be presented in the same language in which the abstract was written.
5. Each summary must not exceed 2000 characters (including spaces).
 - 5.1. Abstracts may or may not be structured and should not contain references, abbreviations or footnotes. In the case of structured summaries, each section must begin in a separate paragraph and be identified by its respective title in capital letters. Keywords must not exceed five, must be written in lowercase letters and separated by commas.
6. At the end of the text, the person responsible for submitting the work must indicate the form of presentation in which they intend to submit the summary, ie, oral communication or poster.
7. A work cannot be accepted if the Data Protection Declaration and the Declaration of Conflict of Interest are not duly marked on the Summary sheet.
8. **Abstracts must be submitted by 08/09/2024 to the email : resumoscongressofgp2024@ginastica.org**

The Scientific Committee of the congress will decide on the acceptance of each work for presentation at the same, as well as the respective form of presentation. Acceptance of the work for presentation at the congress does not imply acceptance of the abstract for publication, which depends on the quality of the abstract submitted. All accepted abstracts will be published in the Congress Proceedings Book (with ISBN). The best works will be invited to be published as an article in the form of an e-book, as recommended by the Scientific Committee.



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Abstract Template

GYMNASTICS IN PORTUGAL

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³Club XXXX, Porto, Portugal

INTRODUCTION: 1 paragraph.

OBJECTIVES: 1 paragraph.

METHODS: 1 paragraph.

RESULTS: 1 paragraph.

CONCLUSION: 1 paragraph.

Keywords: rolling, music, athlete, intensity, jump (maximum 5 and separated by commas).

Area (choose only ONE) in which you want to submit the work:

- Gymnastics, Exercise and Human Development*
- Gymnastics Outdoor Sports and Sustainability*
- Gymnastics in School Context (Teachers Training, Sport Education and Didactics)*
- New Technologies in Gymnastics*
- Health, Ethics and well-being in Gymnastics*
- Sports Training*
- Performance Analysis in Gymnastics*

Presentation format suggested by the first author of the work (mark only ONE option with a cross):

Oral communication Poster

Declaration of Conflict of Interest

The first author declares, on his own behalf and on behalf of the remaining authors, that all authors have no conflicts of interest.

Data Protection Declaration

The first author declares, on his own behalf and on behalf of the remaining authors, that he authorizes the Portuguese Gymnastics Federation to publish this summary and the respective article (if this is approved by the FGP Scientific Committee) in all documents and/or means of dissemination (e.g. FGP website, congress program, minutes book or others), within the scope of this Congress.

